11\textsuperscript{th} June 2014

Dear Parents/Caregivers/Students

St Dympna’s School will be holding their Athletics Carnival across two days. Tuesday 22\textsuperscript{nd} July will be the Lower Carnival (Prep-Year 2) and the Upper Carnival (Year 3-Year 7) will be Wednesday 23\textsuperscript{rd} July. The carnivals will include track and field events and students will be moving through each activity in their age groups. A program of the day will be released closer to the date.

Students are to be prepared for the day by wearing appropriate foot wear, water bottle, hat, sunscreen and their house colour shirts (blue, green or gold). The Athletics’ day is all about participation and team spirit, so make sure you have your cheers ready to support your house.

In order for the days to run smoothly, it is important that we have parent helpers to assist with track and field events. If you are available to help out on any of the days, please complete the form below and return it to Miss Duffield.

Students will be given the opportunity to nominate for events to be selected for the Zone 6 and Bramble Bay Athletics teams. Students must only nominate if they want to go to the next level for certain events. All students will be participating on the day; however, they will be placed into divisions based on the nominations. E.g. ‘Nominated group’ 10yrs boys’, ‘10yrs girls’. If students wish to be selected for the next level, they must complete the form below. Whether it is for one event or four events please make sure the note is completed and returned to Miss Duffield by Thursday 26\textsuperscript{th} June. If students do not nominate, they will not be eligible to be selected for Zone 6 or Bramble Bay teams.

Shot Put, Long Jump and track events will be selected on the day. High Jump trials will be held on Tuesday 15\textsuperscript{th} July and Discus will be held on Thursday 17\textsuperscript{th} July 3:15pm – 4:30pm. The 800m event will be held on Tuesday 22\textsuperscript{nd} July morning to ensure all of the events are completed in the time frame.

Trainings will be available leading up to the carnival. They will be held: Monday (shot put and long jump) Tuesday (discus and high jump) and Thursday (sprints/running and relays) of weeks 9 and 10 of term 2 and week 1 of term 3 running from 7:30am-8am.

If your child is 8yrs and is in year 2 and wishes to be selected in the Zone 6 team they must nominate and will be able to compete in the Lower and Upper Carnival with the other 8yrs students. Remember it is the age they are turning this year. If they are 9yrs now, but are turning 10yrs, they are in the 10yrs age group.

I am looking forward to a great day, with lots of enthusiastic students.

Kind regards

Ashleigh Duffield
HPE Teacher
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St Dympna’s School Athletics Carnival
Tuesday 22nd July and Wednesday 23rd July

I am available to help out on:

Tuesday 22nd July

Wednesday 23rd July

The events that I am happy to help out with are: .................................................................

The time that best suits me:

8:45am-11:00am

11:40am-2:00pm

Name: ............................................................  Child’s Class: ..............................................

Bramble Bay and Zone 6 Athletics Nominations

To be returned by Thursday 26th June to Miss Duffield

Name: ...........................................................................................................  Class: .................................

Age group: ..................................................  House: ................................................

60m Sprint (6yrs-8yrs)  80m Sprint (9yrs)  100m Sprint (10yrs-13yrs)  200m Sprint (9-13yrs)

Long Jump (7/8yrs-13yrs)  Shot Put (9-13yrs)  High Jump (10-13yrs) - Held Tuesday 15th July 3:15-4:30pm  Discus (10-13yrs) – Held Thursday 17th July 3:15-4:30pm

800m (9-13yrs)

Only circle events you wish to nominate for and that your age group is eligible. Return to Miss Duffield by Thursday 26th June.